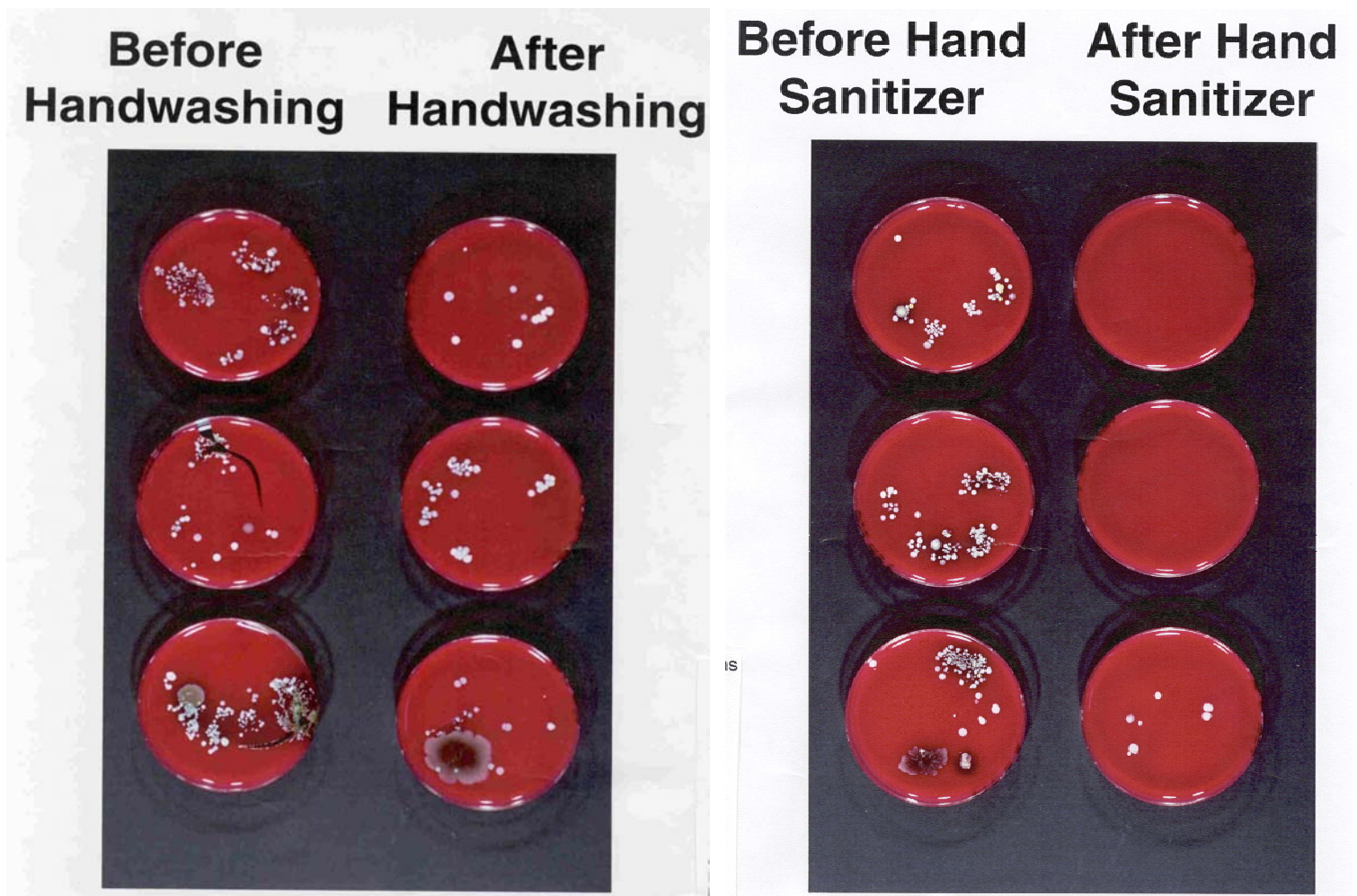


To halt germ transmission,  
CDC recommends:

***Wash soiled hands***  
***Otherwise, sanitize!***



*Actual Petri dish cultures of the hands of three adults:*

*Left, before and after hand washing*

*Right, before and after alcohol-based hand sanitizer*

***The CDC recommends:***

*When your hands are visibly dirty or have secretions on them, wash them thoroughly with soap and water. Otherwise, use alcohol-based hand gel for sanitation between contacts.*